



HELLINGLY RUGBY FOOTBALL CLUB C.I.C.

Lower Horsebridge, Hailsham, East Sussex. BN27 4DJ

THE PLAYERS CODE

AS A PLAYER YOU SHOULD:

1. Play because you want to do so, not to please coaches or parents.
2. Remember that skill development, fun and enjoyment are the most important parts of the game.
3. Be focused and attentive at all training and coaching sessions.
4. Work as hard for your team as for yourself - both will then benefit.
5. Be a sportsman - win or lose - and recognise good play by all players on both teams
6. Play to the IRB Laws of the Game and accept, without question, all referee's decisions.
7. Control your emotions. Verbal or physical abuse of teammates, opponents or match officials is unacceptable.
8. Treat all players as you would like to be treated. Do not abuse, bully or take advantage of any player.
9. Recognise and appreciate the efforts of coaches, parents, match officials and administrators in providing the opportunity for you to play the game and enjoy the rugby environment.
10. Understand the values of loyalty and commitment to your team, teammates and adults who contribute to it.
11. Recognise that every other player is entitled to play in a safe and abuse-free rugby environment.
12. Understand that if any individual or group of young players is not

being treated acceptably, then you have a right to tell an adult either at the Club or outside of the game.