



HELLINGLY RUGBY FOOTBALL CLUB C.I.C.

Lower Horsebridge, Hailsham, East Sussex. BN27 4DJ

THE PARENTS CODE

AS A PARENT, GUARDIAN or CARER YOU SHOULD:

1. Recognise that the safety of players is paramount.
2. Remember that young people play rugby for their own enjoyment not that of their parents and they learn much, both good and bad, by example.
3. Encourage but do not force young people to play. Focus on their efforts and be realistic about their abilities; do not push them beyond the level they can achieve.
4. Respect match officials and encourage young players to do so.
5. Provide positive support at training and during games; show appreciation of good play by players from every team.
6. Stay positive: negative messages adversely affect the performance and attitude of players, officials and coaches.
7. Support the Clubs efforts to rid the game of unacceptable, abusive and violent behavior.

AS A PARENT, GUARDIAN or CARER YOU ARE ENCOURAGED TO:

8. Be familiar with the coaching and training programme so that you can ensure that your child is fully involved and that coaches are aware of your child's availability.
9. Understand the teaching and coaching methods used by observing the sessions in which your child participates.
10. Be aware that the Club has a duty of care and therefore, where appropriate, assist with the supervision of sessions, particularly where numbers are large or where players need transport to away games.

11. Be involved with Club activities and share your time and expertise.
12. Share concerns, if you have them, with Club officials.
13. Be familiar with the Good Coaches Code and support coaches in instilling the virtues it advocates.

